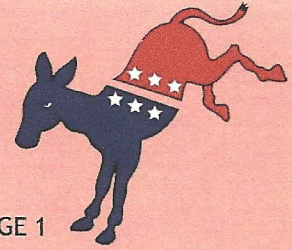


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EDITOR'S LETTER

Chris Carr

It's September and the Dems are not in the summer doldrums. We are already phone banking for Senator Mark Warner and Jack Trammell. If you ever wanted to get involved - this is it ! Just imagine, keeping an all important Senate seat and capturing Eric Cantor's seat ! Makes you just giddy, doesn't it ?

But there is a way to do this, and that is participating in the effort. Calls will soon be coming for more phone banking. When yard signs are available - get them and proudly display them in your yard.

When you are asked to give an hour - give it. We are all busy, but we make time for what is important. The GOP does ! Ringy Dingy - "Yes, I'll help." That's what we want to hear !!!!

There's 10 pages -guest article by Lois G. Powell - please read them all!

BLUE POWER !!!!!!!!!!!

WORDS FROM THE CHAIR

Shirley Pfile

Here we are on the downhill slope for 2014. After a summer when we had only our annual picnic, I hope you are ready to go to work. We need to get behind Jack Trammell 100% ! He is coming to speak to us in October, but in the mean time each and every one of you need to get his name out there. We are all phone banking for Warner and Jack . Talk to everyone about this good candidate for the House of Representatives.

Whoever wins, goes to Washington immediately, as Cantor resigned his seat. Let's not let the Tea Party win.

Something to Ponder - "I am more afraid of an army of 100 sheep led by a lion, than an army of a 100 lions led by a sheep."

INDEPENDENCE DAY BASH

Chris Carr

Having this summer event in the Community Center was a big hit with members. No heat, wind, or bugs. The food and decor, was provided by the Special Events Committee. I would also like to thank the 24 members who also made food. It was delicious. The catered fried chicken was jumbo, succulent and crispy.

The door prize was won by Linda Cannon. It was a beautiful arrangement donated by Pittman's Florist. There were 55 raffle prizes and all were worth tons more than the price of a ticket.

The Demettes sang and danced a political satire to the "Hokey Pokey."

Traci Dippert spoke - we are so backing her campaign - we want Edd's seat back !

As I say every year - if you missed it - you really missed a good time !!

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LOOK ! A BOOK !

Diane Sibley

I would like to think there is something in the word "Commonwealth" that makes us Virginians a little special. After all we did spawn more than our share of Presidents. Unfortunately, we also have to acknowledge the McDonnells and others of their ilk. And we don't forget to give credit to that other Commonwealth, Massachusetts, for the Adams Boys and others from that original tea party gang. While perusing my library, cum sunroom, cum guest room for this edition's "Look ! A Book" I happened across Gore Vidal's "Inventing a Nation - Washington, Adams, Jefferson."

As one who took Virginia History every year from 1st Grade to Graduation, I wondered if I could stand one more go at it? I had heard Vidal speak once and I was so turned off by his arrogance and lock-jawed speaking style that I was very prone to dislike the book on those grounds alone.

But, Thank Goodness, I persevered and Lo and Behold, what a treasure. The book makes you feel like a fly on the wall that flits from meeting rooms to dining rooms to halls that hosted some of the greatest minds of the Revolution and then to the depths of political machinations. Many powerful men, both civilian and military, parade through these rooms on the way to the creation of a country. Even Abigail Adams sounds like she could hold her own in any discussion with the boys.

You'll learn lots of new things about a lot of people you thought you knew about, but now maybe not so much. Did you know that Alexander Hamilton was a very scary man? He was a favorite of Washington and used it to get his way?

He was pro-monarchy, pro-national bank, pro-anything that would gather unto himself power and glory. Washington loved the man who was like a son to him, but kept an eye on him just in case.

Washington has taken a bad rap these last few decades, but our homegrown hero set a standard of behavior that I can't believe any politician of our generation could surpass today. When he refused to accept the presidency of a Virginia/Maryland company to develop the navigability of the Potomac River, the appeal won his acceptance only if they would donate all the dividends of his shares to charities. He avoided many conflicts by an astute assessment of any problems that arose and then acted quickly to resolve them, often at Hamilton's astonishment and other's frustration.

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LOOK! A BOOK! (cont.)

Even King George had to admit that if that story was true, "He will be the greatest man in the world."

A great deal of the book deals with discussions of the new Constitution. Vidal's comments are cogent and the different opinions addressed in a writing style that is surprisingly easy to follow and understand. One can easily see the threats if they get it wrong and the rewards (both to the citizens and to themselves) if they get it right. John Adams always has the best interests of the country at heart, but frequently comes across as a petulant whiner. I think Jefferson might have come across the same way if he had been a New Englander. He was raised up high on his mountain, but not quite high enough to think he ruled from Olympus.

Jefferson hated politics, but he felt he had to participate to protect the farmer citizens from those big bad Northern merchants. Adams believed the colonies only chance of survival was to have a strong Federal government. Their long standing feud only faded to the background as they reached old age. Adam's Federalist's eventually became the Republican Party and Jefferson's wing of the Republicans became the Democratic Party.

With the completion of the Constitution in 1787, Hamilton was selected to "sell" it to the people. A republic was created "if we can keep it", said Benjamin Franklin.

As I went back through the book to see if there were a few more points I should include, I quickly realized that

virtually every page had information that every citizen would do well to be aware of. It's a short book, less than 200 pages, but what an education! I honestly think any kid at 7th grade level or above can comprehend it. Of course. I went to Virginia schools. (Sorry, I couldn't resist it.)

I have a new respect for Mr. Vidal, author of "Inventing a Nation..." published in 2003 by R.R. Donnelly, Harrison, Virginia.

SOMETHING TO PONDER:

"One seed can start a garden, one drop can start a sea, one doubt can start a hating, one dream can set us free."

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SAVE THE DATE - for JACK TRAMMEL

BY: Chris Carr

JACK TRAMMELL will be
here - OCTOBER 27 - 4:00
COMMUNITY CENTER

The membership was very
excited and asked steering
to do an event for Jack
Trammell. Word was
everyone wanted to support
his campaign. Everyone
wants to take Cantor's seat!

Watch for e-mail, an ad in
Lake Currents, articles in
local papers and a personal
call from a member of
steering!

It is so important all of us
attend this "Meet and
Greet" - It is so important
that we support him! I plan
on bringing my checkbook
and phone banking and
getting yard signs for
members. Special events
will provide appetizers and
beverages.

TRAMMELL'S INTERVIEW

BY: Chris Carr

Jack Trammell took an
interview on "The Cycle",
MSNBC. He was asked about
Eric Cantor's defeat. He spoke
of staying in contact with the
people in your district. As he
has campaigned, he said this
was the big complaint he kept
hearing.

Also asked why join the do-
nothing Congress, he said as
an educator, he is always
finding common ground,
finding places for agreement.
That is what he will do in D.C

He was told by one of the
interviewers that Brat is
making a pledge for term
limits of 12 years. He says
when he goes to D.C. he will
change this and wanted
Trammell to pledge he would
only serve for that long.

Trammell's response was,
he believes elections serve to
limit public officials and he
would not take such a pledge.

An interviewer said the
Supreme Court has ruled
against no term limits, so Brat
must be going for low
information voters.

Brat was also invited to
appear on the show. He did
not even respond.

Note: Bet he'll be on Fox !

MOVIE REVUE -

"GET ON UP" the story of
James Brown's life. Many do
not know his struggles as an
abandoned child or his vast
musical talents He wrote,
arranged and sang. That band
was tight! He was not called
Soul Brother NO. #! and the
hardest working man in show
business for nothing! When it
was over - hey - nobody got on
up! That music still going on -
that soul, that beat, that
amazing mix -horns like drums.
No one wanted to leave it !!!

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MEANDERINGS

BY" Lyn Nowakoski

Rush Limbaugh, one of those Republican men who is an "authority" on the subject of women, said that women consider pregnancy to be an illness and they expect the Federal Government to give them pills to help them feel better! He also said women would not become pregnant if they had not been doing "certain things".

We have not heard the last of Eric Cantor (Now on Wall Street.) He probably still has his eye on the White House. So many times he was seen on T.V. behind Boehner's shoulder. One thinks of a quote from Shakespeare, "Yon Cassius has a lean and hungry look."

For several years, some reporters have considered Sarah Palin "the gift that keeps on giving." She said she was familiar with other countries, because she could see Russia from her attic window. Just when she had been relatively quiet, we could assume she was in her attic observing Russia.

She has popped into national news again. One reporter recently said the Sarah Palin now considers herself to be an authority on Constitutional law.

POESY

Much madness is divine
sense

To a discerning eye;
Much sense the starkest
madness.

Tis the majority
In this as all reveals,
Assent, and you are sane,
Demur, - you're straightway
dangerous,
And handled with a chain.

Emily Dickinson

"GOOD COOKIN' - GOOD LOOKIN' "

DEMOCRATIC DUMP CAKE

1 box enthusiastic voters
3 cups phone bankers
5 cups yard signs
Drizzle with Enthusiasm

Pour it all in cake pan - no
mixing bowl needed.

Frost with winning
Democratic candidates

REPUBLICAN DUMP CAKE

1 box angry, forgotten voters
Gobs of GOP gerrymandering
1 can Tea Party nuts
3 cups stand behind Boehner
Frost with really RED
frosting

DUMP Eric Cantor !

Now that's a Virginia Dump
Cake !

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BRYCE REEVES - SENATE BILLS

BY: CHRIS CARR

We keep wondering what legislation Bryce Reeves is sponsoring. Many say he is doing very little. I looked into this on the Senate web site. I found over 30 bills he has placed with many co-sponsored. There were so many, I chose two I found of interest.

SB25 -co-patron -Tom Garret (Lynchburg R.) Off Shore Natural Gas and Royalties.

Establishment of Virginia Energy Emergency Response Fund and Community College Energy Exploration and Development Fund. This sets out the recipients proportion and payments for the distribution of royalties received by the Commonwealth as a result of offshore gas and oil drilling and exploration.

It directs the first 50 million -to the Offshore Emergency Response Fund. 20% to

Transportation; 10% to Virginia Coast of Emergency Research Consortium; 20% to Department of Environmental Quality; 40% to General Fund. Some of this to be applied to Port of Virginia Infrastructure and Economic Zone.

Passed by House and Senate
Not signed by Governor.

My Note: Are all these agencies newly created by this bill? Looks like Mr. Reeves is preparing for "drill baby drill", as far as I know this is not yet done on a large scale off Virginia's shores. Lots of funds, lots of emergencies, lots of money being allocated to agencies with long names.

SB 97 - co patrons - Jeff McWaters (Virginia Beach R); Chap Peterson - Fairfax R) Minimum clearance for passing a bicycle increased from 2 to 3 feet. MY NOTE: Picture passing like this in the Lake - 2 lane road -one size does not fit all -KABOOM!

And who enforces this with a ruler? Passed by both houses - NOT signed by Governor.

ORCHIDS & ONIONS

BY: Chris Carr

ORCHIDS TO: President Obama for saying he will destroy and degrade Isis.

ONIONS TO: Congress who yell terror is coming to the homeland and won't even take a vote.

(2 words -hypocrisy & politics)

ORCHIDS TO: The President's beige suit -cool and suave as usual.

ONIONS TO: The petty criticism, while photos surface of the nit pickers in beige suits!

(Sad, when that's all ya got)

ORCHIDS TO: The press for reporting the brawl in the Palin family -while Sarah is yelling, "Do you know who I am?"

ONIONS TO: Anyone who voted for her. (How those chickens do come home to roost !)

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EMBRACING OUR PRESIDENT

BY: Lois Griffin Powell

We weren't sure if President Obama would win a second term. He had made promises during his first victory, but he had been blocked by the Republicans who opposed him and still oppose him, but he did and is accomplishing many important policies.

DON'T TREAD ON MY OBAMACARE

It seems Obamacare is taking a turn for the better or should I say for the good of the people. It doesn't appear to be a political thorn in the side of the Democrats this election. The Republicans are finally realizing the Affordable Care Act just may be worth keeping. So, rather than repealing it, they now are singing a new tune. They want to fix it. Do you remember the article I wrote about Medicare? Do you remember that I named President Reagan, before he was President, as one of the main people talking against Medicare?

How the Republicans hated it. "Democrats like this health care bill," Harvard School of Public Health public opinion analyst Robert Blendon said. There's a big mistake that nobody likes this bill. They really like it a lot and there are features in it that are incredibly popular with Democrats or more moderate Independents. Well, I guess I'll have to make a replay statement. The Democrats keep stepping up to the plate and the Republicans hate it.

Yah !!!!!!!

PRESIDENT OBAMA'S BORDER SECURITY BILL

Christopher Ruddy who writes for Newsmax says that there is an estimated 51,000 undocumented children who have entered our border states. It is believed that another 40,000 are expected in September. He states that the Congressional Republicans should join with President Obama in embracing a strong border security bill. President Obama has written a \$3.7

billion bill for the House Appropriations Committee who will be discussing it. Christopher Ruddy says the bill needs some amending, but it offers a positive framework for improved border security and should not be dismissed. The new Obama law changes the existing William Wilberforce Trafficking Victims Protection Reauthorization Act. This is a 2008 statute that says minors who are not from Mexico or Canada are entitled to legal proceedings before they are deported. This was signed by President Bush. He is also asking for \$400 million to secure the border and pay for additional border agents, since many were moved to detention centers and other cities to deal with the humanitarian crisis.

Senate Democrats aren't too happy with President Obama's bill which will increase deportations and end the crisis. Congressional Republicans are unhappy with the \$3.7 billion price tag. So, what should they do?

COMPROMISE ! The Republicans are always complaining about the border crisis, but unlike the President, they have yet to formulate any plan of their own to deal with it.

"Whatever Obama's executive action does, which will likely be small and narrow, he and the Democrats will again look like heroes." Christopher Ruddy.

AUTO PRODUCTION HITS HIGHEST LEVEL IN 12 YEARS

"The American Auto Industry is once again a source of America's economic strength. In fact, the number of cars coming off our assembly lines just reached its highest level in 12 years." The White House-Chart of the Week reported.

The American auto industry has bounced back under President Obama. During the "Great Recession" our auto sector shed hundreds of thousands of jobs and production dropped to the lowest level recorded going

back to the 1960's. When President Obama stepped in, he saved over 1 million jobs across the country.

UNEMPLOYMENT IS THE LOWEST SINCE 2006

The economy is getting stronger because of the perseverance and determination of the American workers. The economy added 10 million jobs for the last 54 straight months. We've maintained job growth over the last six months that hasn't been seen since 1997.

While there's still more to do, look at where we are now, and what it means to the economy. I'm sure you've observed the building that's happening right here at Lake of the Woods. That definitely tells us something. A good something !

HOW IMPORTANT IS HIGHER EDUCATION FOR OUR YOUNG PEOPLE?

According to the report coming from the White House by Cecilia Munoz, 8 in 10 new jobs will require some post secondary education or training beyond high school. Of the fastest growing occupations, half require a college degree. Also, college graduates earn an average 77% more per hour than a high school graduate.

That is why President Obama set forth a goal early in his first term to guide our work in education. He wants the U.S. to lead the world with the highest proportion of college graduates by 2020.

Last January, 2013, the President asked hundreds of college presidents to increase college opportunity for all Americans, because a college degree remains one of the highest roads into the middle class in America, and is a powerful engine of social and economic equality.

NEW COMMITMENTS TO IMPROVE COLLEGE OPPORTUNITY

1. The White House announces the second College Opportunity Summit set for December 4, 2014. This year's summit will focus on building strong K-12 schools and higher education partnerships to encourage college enrollment.

2. New community college partners working to expand college opportunity: The Administration is announcing 14 new commitments by community colleges by strengthening college readiness for academically under prepared students.

3. New commitments from the field to strengthen college readiness: The Department of Education's Institute for Educational Studies (IES) is launching a new center for the analysis of Post Secondary Readiness (CAPR) led by the Community College Research Center (CRCC) at Teacher's College, Columbia University and the social policy research organization(MDRC) that will work to strengthen, evaluation, and support

of college-readiness efforts across the nation. Kahn Academy will focus on technology-based solutions customized to improve student success in developmental math.

4. Continued progress on ongoing college opportunity commitments: There are efforts to expand access to college for all students. To enhance support for all school counselors. To boost student achievement in science, technology, engineering, and mathematics. This effort is to extend to females and students from low income or underserved communities. You go President Obama !

GREAT NATIONS NEED ORGANIZING PRINCIPLES

"Don't do stupid stuff" is not an organizing principle." Hillary Clinton.

But according to Egberto Willies on Daily Kos, Hillary Clinton is wrong. He said it is a continuum of doing stupid

stuff and being presumptuous internationally that has costs hundreds of thousands of lives over seas and depleted our treasury.

Several weekends ago a lazy, seemingly gullible reporter asked President Obama if he regretted not leaving troops in Iraq. That question is based on Republican talking points and not journalistic inquiry. The reporter should know that the U.S. - Iraq Status of Forces Agreement was signed by President Bush, which specifically said all combat troops would leave Iraq in December 2011. President Obama attempted to negotiate keeping more soldiers in Iraq, but couldn't come to an agreement with the Iraqi government, who wanted the soldiers out.

President Obama slammed the reporter by informing him that under the previous administration, we had turned over the country to a sovereign, democratically elected Iraqi government.

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Even the journalists listen to the Republican talking points rather than doing their own research.

Now our President is in another quandary with ISIL and Syria. He doesn't want to put boots on the ground, because he doesn't want to put our troops in harm's way again. He has ordered air strikes in Syria. He has sent more troops to Iraq who are to assist the Iraqis and not be a part of the battle. Here's hoping that our troops will not be involved in another battle in Iraq. The President is working to get our troops out of Afghanistan, but that seems to still be a struggle. If it were up to John McCain we would be in the fight right now. He even said we should have left soldiers in Iraq. Doesn't he know what's going on? Did he not know what the situation was and why our troops had to leave Iraq? Will there ever be an end to all of this hate and killing? Probably not, but I

do hope and pray that our troops will not once again be in the middle of a crazy country's fight.

This is Lois-
Signing off.

DO NOT FORGET --

JACK TRAMMEL

OCTOBER 27 - MONDAY

COMMUNITY CENTER

4:00

MEET AND GREET

STAFF:

EDITOR: Chris Carr

BOOK & ISSUES:
Diane Sibley

MEANDERINGS" Lyn
Nowakoski

CIRCULATION: Pat Drake

Please remember - "Kickin' News" is the club's newsletter. Any member who wants to write an article, opinion, or just a pet peeve is so very welcome to do so!

ONE MORE * TO PONDER

"Have your tools ready, God will find work for you."
