KICKIN' NEWS

LOW DEMOCRATIC CLUB

JANUARY 2013

EDITOR'S LETTER

HAPPY HAPPY NEW YEAR!

I'm sure everyone is resting easier, now that President Obama has been resoundingly re-elected. 2012 was quite a year for our club, and our members really did their part.

Tim Kaine is our Senator and Wayne Powell received 42% of the vote. Look out, Eric Cantor, we're closing in!

This year we'll work for McAuliffe, as we know the alternative!. Of course, we will have the Flag Day Picnic, informational programs and Special Events.

If you were just an attendee last year, really think about getting more involved this year. We're all very busy, but getting more involved is very fulfilling. So, sign up, fight the good fight, and have some fun!

BLUE POWER!!!

KICKIN' NEWS STAFF

EDITOR: Chris Carr ISSUES: Diane Sibley MEANDERINGS: Lyn Nowakoski CIRCULATION: Pat Drake

WORD FROM THE (HAIR

Shirley Pfile

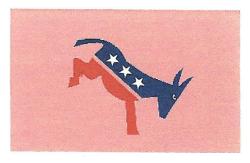
Our club has just completed an outstanding year in 2012. We organized, many telephoned or registered new voters, and we won all but one of the races. Now we need to think ahead to November 2013. We have a very important gubernatorial race this year. We know the Tea Party people will be gearing up to take the gover nor's chair. We need to stay focused on not letting that happen.

Let us again come together and work for taking back the governor's seat in the state of Virginia.

PRESIDENTIAL PORTRAIT
By: Chris Carr

The LOW Democratic Club has purchased a beautiful portrait of President Obama to be displayed in the Club House. Long overdue. News of the date and event to dedicate it will be out soon.

When announced, be there and be proud!



CHAIRS FOR 2013

CHAIR: Shirley Pfile

SECRETARY: Pat Drake

TREASURER: Gary Sibley

SPECIAL EVENTS: Chris Carr

- Lois Powell

ISSUES: Diane Sibley

PUBLICITY: Kerry Sipe

PUBLIC SERVICE: Norma Lanier-Jan Moore

MEMBERSHIP: Mary Berger

Sunshine and Holidays is now under Special Events. There is no chair for the 4th of July Parade, so we will not participate unless some one comes forward. Programs will be jointly handled by Steering, members taking various months.

Long election year, and know you're tired - BUT

If anyone wants to volunteer or a group wants to volunteer, that event would be warmly received.



LOW DEMOCRATIC CLUB

January 2013

MEANDERINGS

BY: LYN NOWAKOSKI

Random thoughts about
Republicans - Does the
Republican Party have any
adult members now? Their
whining and disbelief still
continuing weeks after the
election remind me of
elections held in junior high
schools. As Barbara Bush was
quoted, "We lost the election.
Get over it. Let's move on!"

She may be one of the few sensible people left in the GOP.

They say that John Boehner is mightily worried about his own political career. He always has Eric Cantor just behind his left shoulder - who seems to want to be the next Speaker of the House so badly that he is almost drooling.

When the Republican nominees first lined up for a debate, the only sensible one in the group seemed to be Jon Huntsman, but the Tea Party thought he was a show-off, because he sometimes spoke Chinese.

MMEANDERINGS (CONT.)

Because of the Tea Party, the GOP missed a good bet by ignoring Jon Huntsman.

I just heard a very few (all that I could stand) minutes of a discussion between Hannity and a "contributor" about why Romney lost the election. STILL a discussion? Has anyone thought he lost the election in large part, because he acted like an insensitive robot from another planet?

I know a way to get the House to come to terms- lock them in the building, let them subsist on only stale coffee and deliveries of pizza, and forfeit pay and "perks" (never to be reimbursed) until a sensible bill is passed.

ONION and ORCHIDS By: Chris Carr

ONIONS TO: GOP crazies - "We'll shut down the government!" They already tried that - some people never learn! Called-stupidity.

ONIONS AND ORCHIDS (CONT.)

page 2

ORCHIDS TO: President Obama for saying, with a look of steel in his eyes, "I'm not going to negotiate this."

ONIONS TO: the NRA for their game for four year olds on up - Target practice on little coffins! Who in the ***** are these people?

ORCHIDS TO: the media for their scathing denouncement and letting the public know how crazy the leadership is!

ONIONS TO: John Boehner - Mr. weep and scared of his own shadow - oh, excuse me, that's the dark shadow of the Tea party, or is it Cantor? He can't get 3 Republicans to agree.

ORCHIDS TO: The great schism in the GOP! Reap what you sow, baby!

ONIONS TO: the GOP for trying to buy an election!

ORCHIDS TO: the Americans who said - I can't be bought!



January 2113

EXPRESS YOURSELF!!! BY: (HRIS (ARR

This is the fourth year of publishing of "Kickin" News" and I am proud that we are still going strong! Yes, for 4 years!

In this time, about four members who are not part of the staff have contributed some very informative, interesting and thought-provoking articles.

This is your place to express your thoughts, ideas and concerns. So, why not write something? We must speak up, not just talk among ourselves. If you worry about construction or punctuation, that's one purpose of an editor.

We're here, we're good Democrats and we should be out there. You know who else is!

You might write such a barn burner, you'll get the Pulitzer -O.K. - I hyperbolize, but you get the idea! Throw your pen in the ring and send something to "Kickin" News" We're quarterly - you've got time to ruminate and communicate!

GOOD (OOKIN' GOODLOOKIN" BY (HRIS (ARR

NRA NACHOS

4 million military assault weapons

3 million 100 round clips 1000 gun shows and no background checks - 40% of sales

Sprinkle millions of NRA dollars to candidates

Top with Republicans screaming about gun rights

This recipe has already been cooked! How does it taste?

DEMS DELICIOUS NACHOS

Cover plate with Doritos Top with slices of co-jack cheese

Add green or black olive slices

Know what you get? Tasty nachos to eat while you watch the crazies talk about guns on T.V.

Wipe your fingers and get busy letting the politicians know where you stand. page 3

2013 -DON'T LET UP-TURN IT LOSE!

BY: (HRIS (ARR

This year has the prospects for good, sensible immigration reform, gun control laws, stopping the war on women.

Do not think because the President had a great victory that the "Loyal" opposition will let up. Although, the way they're going, they've paddled themselves out of the main stream and into the backwaters a while ago.

However, we must keep up the pressure, support our President. When gun rights are falsely presented, site the 2009 Supreme Court ruling. Have the facts! Write to politicians, of both parties. E-mail, join some websites!

The GOP may be in disarray, but they will do what they're programmed to do, until it is shown that they are not supported. Remember, all that money did not win their candidate the election. There is force in people who refuse to be silent

An Opinion Letter Sent to local newspapers Try IT - You'll Feel Good!

Schools and Guns

As a retired high school teacher of thirty years, I really want to speak to this issue. Whether it be inner city or Columbine or Sandy Hook, it's all the same now. No more saying, it only happens in other places.

The unimaginable tragedy of twenty innocent children losing their sweet little lives must not be ignored, talked to boredom, or be overwhelmed by silly talking points, which are usually spouted by those who never walked into a classroom as a teacher.

Guns in schools- not even a question - absolutely not!

The emotional trauma to children, seeing armed personnel or knowing their teachers have guns is unacceptable. They will get a message, and that will be - school is an unsafe, scary place. Lots of tears and fears.

Teachers with guns would have to have a gun lock on them. They would be in the desk. Certainly no one imagines that teachers will be carrying them on their person while they teach? Could a teacher get the lock off in an emergency, take sharp-shooter aim and take out a guy in a bullet proof vest with a weapon that gets off 100 rounds in a minute? I shudder to think of that carnage!

The school break- ins would be astounding, and I am not speaking of students, Let's see, 1) my lesson plan book, 2) papers to be graded, 3) quizzes or tests to prepare, 4) Oh yes, Don't forget your gun, Annie!. Ready to go home now!

Everyone seems to be an expert. Teach not a month, but a week. There will be some new conclusions..

Teachers instruct, counsel, do extra unpaid duties, They grade, prepare many hours at home, nurse and, protect. Yes, they protect, but not with a Glock!

This is a crazy, crazy idea! It will damage our children, our teachers, and our educational system.

There are towns already implementing this fool hardy policy. Some are asking the custodial staff to carry guns! I'm sure they're pleased about that. These knee-jerk reactions will not solve this problem.

No one is taking guns away. Just read the 2009 Supreme Court ruling. However, the Court did not say military weapons and mega clips. That was left open. The Court did not speak to the mentally ill. That is not the purpose of my plea.

I have dealt with guns, had a gun in my face, seen the damage they do. Please, not in schools. It will not protect our precious children!

If I was still teaching, I'd get fired, before I would take a gun into school!

Ahistine Can



issues by: diame sibley

I've had the cold from you know where, so this will be short and sweet. I've been thinking about the gun issues, and am hoping everyone gets involved in some way that they feel comfortable.

Negotiations about the gas tax and sales tax are going on in Richmond. The Governor put out the idea of doing away with the state gas tax and substituting the sales tax. We need a great deal more information on this.

Plan to be back in the next issue and also contribute "Look a Book'.

SOMETHING TO PONDER

"The difficult we do immediately, the impossible takes a little longer."

URANIUM MINING BY: (HRIS CARR

The Governor and his minions are at it again. Remember our program on uranium mining? The damage to the land, potable water and our health is unimaginable.

Mary Berger has sent out letters to the member ship which can be signed and sent to the Representatives, if one wishes to do so. She has spent a great deal of time getting informed on this issue.

Our area has uranium deposits, and once the door is opened - you know the rest. Please read her letter and consider your feelings on this issue. I have added a copy on the last page of "Kickin' News".

(LUB NEWS

GENERAL MEETINGS:

3rd Thursday of the month. 1:00- Meet and Greet 1:30 - Meeting

FEBRUARY 24 - Sunday 1:00 Special Program Lower Level - Club House

Laurie Haas will speak on the gun issue. She has a coalition and will be very informative. Her daughter was shot in the Virginia Tech massacre. Thank God she survived.

This is a special event in place of the regular February meeting. Coffee and baked goods will be provided. Open to the public.

JUNE 12 Flag day Picnic

Sweetbriar Park

5:30 - 7:00

Keep the Ban on Uranium Mining in Virginia!!

Edward T. Scott General Assembly Building P.O. Box 406 Richmond, Virginia 23218

Dear Delegate Scott,

I am a resident of Orange County and I support the current ban on uranium mining in Virginia for the following reasons:

- If the ban were lifted, processed uranium would be shipped out of state. Left behind for centuries would be huge volumes of radioactive and toxic waste near farmlands and local waterways.
- Exposure to uranium waste has been linked to increases in Leukemia, kidney disease and other severe health problems.
- A recent study predicts a spill at the first proposed mining site could contaminate drinking water for up to two years for Virginia Beach and other Virginia and North Carolina communities.
- In the 1980s, uranium exploratory leases were acquired in Fauquier, Culpepper, Madison and Orange Counties. While these leases have expired, if the ban is lifted it will likely be lifted statewide and these areas could be reconsidered for uranium exploration. These leases sat along the Occoquan and Rappahannock Rivers upstream of drinking water intakes for Fairfax County, Orange County, Stafford County and Fredericksburg City.
- Some recent studies have discussed the removal and storage of the uranium tailings and storage underground offers a reasonable risk of damage and exposure. With uranium there is no such thing as a reasonable risk. Additionally, storage underground offers a danger to our aquifer underground water supply.

Keep the Ban on Uranium Mining in Virginia!!

Thank You,

Keep the Ban on Uranium Mining in Virginia!!

Bryce E. Reeves Senate of Virginia P.O. Box 396 Richmond, VA 23218

Dear Senator Reeves,

I am a resident of Orange County and I support the current ban on uranium mining in Virginia for the following reasons:

- If the ban were lifted, processed uranium would be shipped out of state. Left behind for centuries would be huge volumes of radioactive and toxic waste near farmlands and local waterways.
- Exposure to uranium waste has been linked to increases in Leukemia, kidney disease and other severe health problems.
- A recent study predicts a spill at the first proposed mining site could contaminate drinking water for up to two years for Virginia Beach and other Virginia and North Carolina communities.
- In the 1980s, uranium exploratory leases were acquired in Fauquier, Culpepper, Madison and Orange Counties. While these leases have expired, if the ban is lifted it will likely be lifted statewide and these areas could be reconsidered for uranium exploration. These leases sat along the Occoquan and Rappahannock Rivers upstream of drinking water intakes for Fairfax County, Orange County, Stafford County and Fredericksburg City.
- Some recent studies have discussed the removal and storage of the uranium tailings and storage underground offers a reasonable risk of damage and exposure. With uranium there is no such thing as a reasonable risk. Additionally, storage underground offers a danger to our aquifer underground water supply.

Keep the Ban on Uranium Mining in Virginia!!

Thank You,