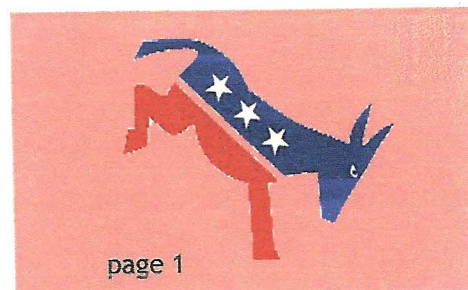


# KICKIN' NEWS

Publisher LOW DEMORATIC CLUB

AUGUST 2013



## EDITOR'S LETTER

BY: Chris Carr

Only four more meetings left in the year. However, these months should be politically robust for members.

Registering voters, phone banking, yard signs, and speaking facts to the uninformed are so important this year. Imagine if Terry McAuliffe loses the race for governor. Are you shuddering? You should be !

Also , in September the club will be hosting Traci Dippert. There will be refreshments, advertising and open to all. In the past, people have said, but I already met her. That's not the point. Supporting her candidacy is the point

There are 12 pages in this issue. Don't miss the guest articles by two of our members: Lois Powell (P. 9 & 10) and Laurie Sale (p.7)

Remember, if you don't step up, you step back and leave the outcome in other hands.

BLUE POWER !!!!!!!!!!!

## NOTE FROM THE CHAIR

BY: Shirley Pfile

The heat of the summer is hopefully behind us. We now look forward to the election on November 5<sup>th</sup>. Phone banking has started, and as soon as the new rules for voter registration come about, we will start registering new voters.

Most of the club's attention is on getting Traci Dippert elected to the House of Delegates. On that note, we will be holding a "MEET and GREET " for Traci on SEPTEMBER 19<sup>th</sup>, 2:00 -4:00 at the lower level of the Clubhouse'

We need to come and support Traci, especially with financial contributions. The end of September is her next reporting time and she receives matching funds if she meets her goals. Hope you make that date !

\*\*\*\*\*

TRACI DIPPERT

Meet & Greet - Sept 19<sup>th</sup> !!

## FLAG DAY PICNIC

BY: Chris Carr

Fun, food,, friends, as usual. What was unusual? Attendance was down. The Demettes performed! Traci Dippert who is running against Ed Scott , gave an excellent speech and took many questions. Her candidacy was heartily supported by all.

The wine basket, which was donated by Evergreen Electric, which is a family owned business here at the lake, was beautiful. Ken Martin was the winner.

I truly believe the heat and humidity was the main reason for the lack of members coming to the event.

So, next year, the event will be a little different. Special Events committee will never be defeated! It was tons of hard work, before, during and after. So, stay tuned - we always have fun plans for the members !!!



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## VOTING IN THE U.S.A.

BY: Chris Carr

Voting is every American's right. It is not a privilege, like getting a driver's license. It is not like boarding an airplane. These apples and oranges arguments are ludicrous.

Now the Supreme Court has effectively struck down the Voting Rights Act with a lethal blow. It has imperiled the voting rights of millions of Americans.

Republicans love this ruling, because as you have seen, and you will see more, they are now free of any oversight. These GOP legislatures, not only in southern states, have and will pass laws, which make it harder for seniors, students, minorities and the poor to cast a ballot.

We must act ! Call your Congressman. Ask him or her to revise the Voting Rights Act in a bipartisan way! Ah, you say, but the House is Republican. NO! People speak! Ask our governor about that little probe plan he had for women? Get to it! Your voice does count!!!!

## VOTING IN VIRGINIA

BY: Chris Carr

Although the Supreme court ruled that section 4(b) of the Voting Rights Act is unconstitutional, and "covered jurisdictions" in states no longer need pre clearance before they change the voting rules, this does not change the voter I.D. requirements in Virginia at this time.

Voters can use the same I.D. they used before. This would be voter card, driver's license, utility bill, etc.

However, we do not know at this time if Virginia will try to change laws before the Presidential election. In this writer's opinion, the governor and the GOP candidate for governor really do not want any more negative attention on themselves in these matters.

Yet, Virginia still has an Act II. A quiet little drama concerning voter registration.

Virginia's new laws for voter registration:

1. The law LSB 1008 went into effect July 1, 2013.
2. To register voters, one must take 6 training classes.
3. The classes are in Richmond or online.
4. On line training is not yet available - perhaps in a few weeks.

So, not much time and will the online site work? Those who registered voters never had to train before. So, do the math - 1. Short length of time to train; 2. Meet the state's schedule and requirements; 3. Maybe can't get it online due to glitches.

What do you get? Less people to register voters. Less Democratic voters. Many members of our club do this important work.

If you did this before or want to do it this time - CALL -

Mary Berger - 3066

Or

Online- Va. State Board of Elections - we cannot be deterred !



## LIVING IN A FOOL'S PARADISE

BY: Chris Carr

Texas Representative Laubenberg, a woman, said a rape kit prevents pregnancy. A rape kit takes DNA evidence and in no way even prevents disease. This was her reasoning for raped women not to desire an abortion! I'll say it again - Would someone in Texas read a biology book or medical journal? Now this is a GOP gal Gone Wild !

Seventh grade teachers in North Carolina, are now mandated to teach that any female who has an abortion will never, ever be able to get pregnant in her life time! The governor gladly signed this law, although at the time of his campaign said he would never do so.

In Ohio women lost access to low-cost family planning, access to public hospitals due to an abortion emergency and their right to privacy. Any woman seeking an abortion must have a trans-abdominal ultra sound and she must pay for it. Family planning was placed last , which cost 1.4

## FOOLS - (CONTINUED)

Million in Federal funding. Three clinics will close. The GOP slapped all this in to Ohio's budget. The governor quietly signed it late in the night, with no fanfare. Nice move - in the budget means this cannot be repealed.

Pennsylvania's governor defunded planned parenthood and refused 4 billion for Medicaid. No Obamacare, so thousands will be uninsured.

There is so much more, but this is ad nauseum already. Although Mitch McConnell did write a scathing and threatening letter to Roger Goodell in which he says Obama care is a bill, not a law and if the NFL does not stop promoting Obama care, they will pay dearly.

I summarize, but you get the drift. Not enough space to discuss Texas and their nonsense!

So, now the GOP has put women's health at risk, gagged teachers, done a severe blow to the elderly and poor, and let us not forget football fans!

A big nasty nose full of the GOP running amuck! They are "man-handling" the electorate and gladly congratulating themselves. Every bill and budget signed is a photo of 99% all men. The arrogance, ignorance and egotism is beyond belief!

This is their fool's paradise. Women are really getting angry and fed up and as these moves affect others, they will catch on. We are not children to be told how to conduct ourselves. We rock the cradle. And much more will be rocked in this little Utopia if Democrats work and speak out. Merry, merry GOP, committing political suicide, but worse - harming so many others! Fight the Fight!!!



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## ISSUES

BY: Diane Sibley

Some stats relevant to The Affordable Care Act - (ObamaCare)

\*19 million people age 18-34 don't have health insurance.

\*2.7 million healthy people age 18-34 is the administration estimate of young adults needed to enroll in Obama-Care in the first year to hold premiums down.

\*ObamaCare good news: The President will speak citing the dramatic drop in premiums where a combination of ObamaCare and NY state regulations is anticipating as much as a 53% decrease in premium cost. (Washington Post)

\* Letters to the editor: A writer to the W. Post today did the math and figured the cost of keeping the "Thunderbirds" flying is equal to the \$320.00 per furloughed civilian defense employee (about 2 days income for the average DOD

## ISSUES (CONT.)

civilian.) He asked will that mean - Groceries, Vacation, etc. ?

Another letter -- A writer suggested that on the 50<sup>th</sup> anniversary of the "I Have a Dream Speech" we also remember young Malala Yousafzai, the teenager shot in the face by a Taliban member. Let's do more than remember her. Let's celebrate her and all the other women and girls whose lives are denigrated and destroyed by ignorance, unpunished violence, and mind numbing fear.

\*Anti-uranium mining bumper stickers are out there. Does anyone know where we can get one?

Is the balance shifting in the Senate? Certainly seems to be. The right is loosening up on appointment confirmation and is at least acting as if they want to play nice.

All the more reason we must keep the Senate.

Voter rights suffered at the hands of the Supreme Court. Ideas? If so, speak your mind in the next "Dems Speak" in "Kickin' News". E-mail Chris Carr with your thoughts.

\*\*\*\*\*

## SOMETHING TO PONDER

Every tear I ever cried,  
turned to pearl before it died.  
Every pain that in me burned,  
forged to wisdom I had earned.

So long as enthusiasm lasts,  
so long is youth still with us.

\*\*\*\*\*

Finally got some responses for "Dems speak" Keep reading - you'll like it and see how easy it is to do it. Just have a thought, e-mail it!

TO: Editor Kickin' News



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## PRESIDENTIAL QUIZ

1. What was the name of F.D.R.'s dog?
2. What was the name of the Clinton's cat?
3. What were the names of Lyndon Johnson's dogs?
4. What was Dwight Eisenhower's favorite sport?
5. What President was presented with peace pipes by an Indian tribe in the library of the White House?
6. In what room did the John Adam's family hang the laundry?
7. What President scheduled a wrestling match in the East Room to entertain his guests?
8. Which room in the White House was the card room when James Monroe was President?

## HEADING

9. Which President made the center hall of the White House a Smoking Room?
10. What was the name of George W. Bush's dog?

(Answers ) - Keep reading - you will find them

## \*\*\*\*\* EDITORIAL - URANIUM MINING in VIRGINIA \*\*\*\*\*

Letters, phone calls, 100s of Virginia businesses and organizations have caused Virginia Uranium, Inc. to be defeated in this Virginia Legislative Session.

Virginia has a 30 year moratorium on uranium mining. Grassroots beat gifts and vacations to Legislators.

However, VUI is now staging pro-mining events in the community of Southside. They are hiring young people to collect signatures and make phone calls to legislators and the governor. Their services are being bought to promote uranium mining.

## URANIUM MINING (CONT.)

The Sierra Club is working to keep the ban on mining by mobilizing, collecting petitions and holding community forums in the state.

We must not forget this issue! I know there are so many, but the governor must be sent a strong message. We must protect our environment, water, health and economy.

Boom and Bust Mining! When it's over, nothing but a ruination. They move on and the people have a mess for more years than anyone can know. KEEP the BAN !!!!

Call Gov. McDonnell -

804-786-2211 OR

VISIT - and E-mail  
[www.governor.virginia.gov](http://www.governor.virginia.gov)

A few minutes of your time and another good reason to VOTE!

Chris Carr: Editor



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## LOOK ! A BOOK

BY: DIANE SIBLEY

This edition's book review is of "Ireland" by Frank Delaney, published in 2008. It's a novel with a wonderful history of Ireland painlessly, in fact, eloquently, woven into the tale. The author had a long career in BBC broadcasting before becoming a writer of both fiction and nonfiction and a BBC documentary, "The Celts."

It centers around an old man who may be the last of a dying breed. He is an itinerant story teller who tells tales of Irish history and heroes for bed and board. He owns only what he can carry and while educated enough to read and write, gains his stories mostly from those who have gone before as well as from what he picks up in libraries and his own keen observations of the human condition.

## A BOOK! (CONT.)

His own story is intertwined with that of a young man and his family, but he cannot yet reveal that story. An historical feast slowly reveals itself as the story teller travels his homeland. You'll learn of love and tragedy, laughter and hope, history and hypocrisy. In language that thrills the soul he takes you with him as he walks thousands of miles on roads that seem to go nowhere and everywhere at the same time.

On a personal note, at first I couldn't understand why I was so enthralled with the old man and his stories and then it hit me. My wonderful grandfather was an itinerant peddler of fruits and vegetables and country hams. And he was a Deane whose mother was a Donovan. While he couldn't read or write, boy could he tell stories !

## A BOOK! (CONT.)

In fact, every now and then he was interrupted by grandmother as their 16 grandchildren sat listening. "Hush, Eli!" They're too young for THAT story !

You know, when we don't listen to the stories of our elders, we lose so much. Do yourself a favor. Take a walk with Frank Delaney and the Storyteller. And pass on your stories and those of your ancestors to your young ones. Good stories don't only come from Ireland, you know, but it helps to have at least a little Irish in your blood lines.

+++++

## SOMETHING TO PONDER

"I have no yesterdays - Time took them away. Tomorrow may not be. But I do have today."



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## WHERE DO WE GO FROM NOT GUILTY ?

BY: Laurie Sale

As I sat down to write a piece about the upcoming midterm elections and why it is so important for Democrats to be energized to vote; I had planned on discussing the many reasons why we need to phone bank, volunteer and just plain get involved. But then I realized it had been a week since the Not Guilty verdict came down in one of the most racially charged court cases this country has seen in recent years. I am, of course, referring to the George Zimmerman trial in Sanford, Florida. Zimmerman had shot and killed Trayvon Martin, an unarmed, African-American teenager and was acquitted by an all female (mostly white) jury. Zimmerman was found Not Guilty on the bizarre and baffling Stand Your Ground Law in the state of Florida.

The trial shed much light on the state of racial relations in our great country. A bell-weather, if you will. The verdict of Not Guilty has raised so many questions / and

## NOT GUILTY ( CONT. )

in my opinion, the most important ones being: " Are young Black men in danger in this society?" "Can they not walk outside without being feared ?" "Will there always be an assumption they are up to no good ?" "Can young Black teenagers just be themselves without worrying about who they will offend or scare ?" The answers, I fear, are not positive.

A mother and father lost their young son to a man who assumed he was up to no good, so pursued and confronted him, and when the confrontation went badly; he shot and killed him. As a parent of two young sons, I am worried for them and all the young men who happen to have skin that is a little bit darker.

So, what can be done? What do we do as a society to make race relations better in this country? It all starts with the conversation. In the aftermath of the jury decision, President Obama spoke truthfully and

## NOT GUILTY ( cont. )

eloquently about race. The President himself, being of biracial heritage, offers a unique perspective and is able to converse about race in a way that educates and does not alienate. Of course, I was disappointed by the reaction from the conservative right, who just never seem able to "Get it."

Nevertheless, the President gave us all the means in which to open a hearty and meaningful dialogue about race relations in this country. I for one, am going to take it to heart and really listen to people and try to understand their perspective. It is my firm belief that no matter where we go as a society or what we dare to achieve, we will not do it unless all people are treated fairly and equally. It must be said that even in the age of President Obama, we still have a long way to go before the great line in our Constitution rings true: "All Men Are Created Equal."



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## MEANDREINGS

BY: LYN NOWAKOSKI

I am writing in this issue, because I am sick of the national atmosphere of nasty politics that we have now.

To my way of thinking, the first George Bush to be President, unlike his son, George W., seemed to be pleasant and personable - like a mildly eccentric uncle.

Recently, I saw an old film clip of that President and Mrs. Bush talking to two men who were giving them a cart-load of broccoli. This was because the President had said that, when he was a child, his mother made him eat broccoli. He announced, "I am President of the United States and I am never going to eat broccoli again."

Since my husband had told me that his mother made him eat broccoli when he was a child, I told Don that he and the President had something in common. Don said, "I doubt it.", but did accept the fact that they shared a dislike of broccoli.

## MEANDERINGS ( CONT. )

On one occasion, the President toured a complex of new stores. What fascinated him the most was to see a counter of men's socks ! The only socks that he had ever worn ( silk or cashmere) had been lovingly knitted by a relative or two. He had no idea that socks could be made on a machine and then sold in a store.

All told, the president always reminded me somewhat of Stan Laurel of Laurel and Hardy fame.

\*\*\*\*\*

### KEY TO QUIZ:

1. Fala
2. Socks
3. Him and Her
4. Golf
5. Jams Monroe
6. East Room
7. Theodore Roosevelt
8. Green Room
9. President Arthur
10. Barney

## PHONE BANKING

BY: CHRIS CARR

Our members are making calls for Democratic candidates, including Traci Dipperet and Terry McAuliffe. This is very important. You know who you want to win in November in this very important election.

If the Democratic vote is not turned out, and sometimes Dems. do not get to the polls in droves, unless the election is for President. So, we need to inform and motivate Democratic voters to be there in November. If we accomplish this task, the Democratic candidates will win. Imagine the dire consequences if Cuccunelli is governor! I shudder at the thought!

If you can phone bank , call

Ken Martin - 972-3416

BLUE POWER !!!!!!!

WE HAVE IT - LET'S USE IT !



## THE BATTLE IS STILL FAR FROM OVER

BY: Lois Griffin Powell

Battle? What battle? What battle is far from over? The battle for equality for all people: people of color, women, and homosexuals. I find it interesting that our country, the United States of America, claims to be a democracy where all people can be free and we are all equal, and we can all pursue happiness. But have we ever truly been that country? All one has to do is research history to know we are a country that has been in the battle for equality, freedom and the pursuit of happiness since its inception. Oh, we are a strong country where more people than we can count have realized their dream. There are many who are still realizing the American dream today even with the economy struggling, But and I mean a big BUT, along the way our history,

our country, has done much to keep certain people from achieving the American dream. In spite, of that, many people who were among the disenfranchised have risen to achieve it.

Why and how did that happen? Because there have been people who did believe in the American dream for all and were willing to do battle so that all could have a chance to achieve their dreams. We cannot thank them enough. So, why are we still in a battle in 2013 in a country that still professes to be a country of equality for all people? Because we still have those who are free to pursue their happiness, while others are still struggling for their happiness. We thought we had done our battle for the women of America. We thought we had made it possible for them to have freedom of choice, only to discover that in 2013 we have people in our government who want to stop making this possible. So much for the pursuit of happiness for all people.

Bring me your tired and weary says the Statue of Liberty. Yes, this is our gift from France. How many immigrants have made this country what it is today? A great and proud country. Yet, we do not want to give full citizenship to the children who were brought to our shores by parents who wanted to come to a country that they believed would give them a chance to pursue their happiness. No, it's not right for them to come here illegally. But should their children be punished for what their parents did? Many of them were so young that this is the only country they know. Are they being denied citizenship because they are people of color? I suspect so.

Our next battle is not new, but because of it everything is out of the closet. I am speaking of equality for homosexuals. This is a battle that not only challenges the law, but also the Bible. For those who are believers in the Bible, homosexuality is a sin.



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## BATTLE (CONTINUED)

If you are a believer of the Bible, then you must also believe that God does not make mistakes. Didn't our new Pope just say that if someone is a follower of the Bible and is homosexual, who am I to judge them? There are those who believe homosexuality is a matter of choice. Some believe something happened to that person that made them homosexual. Many people who are homosexual say they knew they were different at an early age and nothing traumatic happened in their life to cause this. I am no expert on this subject. All I know is that homosexuals are battling for equality.

No, these battles are not over. We are fortunate to be in a country where we are free to do battle. That to me is one of the most important things about being a citizen of the United States of America. We may be doing battle for equality for many things, but we are free to do these

battles. I hope that the battle for freedom of choice for women, citizenship for the young people brought here illegally, and equality for homosexuals will be won. I do know that as long as we live in this country, there will be people who will step up to the plate to do battle for those seeking equality.

That's why we can all sing "God Bless America" while we do battle for all of us to be equal and free.

\*\*\*\*\*

### SOMETHING TO PONDER:

Far away in the sunshine  
are my highest aspirations.

I may not reach them, but I  
can look up and see their  
beauty, believe in them and  
follow where they lead.

## Good Cookin' Good Lookin'

BY: Chris Carr

### CREAMY ORANGE DIP

1 can Eagle brand milk  
One half can frozen orange  
juice  
One half cup water  
2 tsp. grated orange rind

Chill for 1 hour - serve with  
Assorted fruits

### SAVORY VEGGIE DIP

1 can eagle brand milk  
One half cup chili sauce  
One quarter cup cider or  
Tarragon vinegar  
One and a half tsp. prepared  
Mustard  
1 tsp. thyme

Combine all - chill 1 hour  
Serve with assorted veggies

\*\*\*\*\*

GOP offered no recipes -

It appears they're dippy  
enough !



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## ONIONS AND ORCHIDS

BY: Chris Carr

ONIONS TO: The GOP for stalling and stopping immigration reform.

ORCHIDS TO: Hispanic Voters  
Viva La Democrats !!!

ONIONS TO: the old Virginia governor ! The scandals just keep on comin' Every newspaper in Virginia says it stinks and he's disgraced the office. Oh, now he'll give it all back !

ORCHIDS TO: the F.B.I.  
The investigation is under way, and they're gonna keep on comin' too !!

ONIONS TO: all Bill Clinton haters!

ORCHIDS TO: The E.P.A. building in D.C. just named after big Bill! Want to talk about that impeachment thing again, GOP ?

## ONIONS & ORCHIDS ( CONT.)

ONIONS TO: Stand Your Ground Law in Florida.

ORCHIDS TO" Stevie Wonder, who says he will never perform in that state. Perhaps it's time for the U.S.A. to listen to "Ebony and Ivory" again !

ONIONS TO: Liz Chaney, running for the Senate in Wyoming against an old family friend and calling him "confused", code for OLD and SENILE !

ORCHIDS TO: GOP in Wyoming and others who call this very bad form and distasteful. (Wouldn't you love to hear what thy say in private ?) Where are the Chaney ethics ? Oh, never mind, and where is that WMD in Iraq ?

## O'S AND O'S (CONT.)

ONIONS TO: Ken Cuccineli for taking lots of money from Foster Friess for his campaign!

ORCHIDS TO: the Terry MaCaulliff campaign for pointing this out to voters. (Forgot who Foster is?)

QUOTE: "You know, back in my days they used Bayer aspirin for contraception. The gals put it between their knees." It's a whole big bunch of onions now, isn't it?

ONIONS TO: Old Rushbo and Hannity for constantly stating untruths about the President, Obamacare and minorities. (And that's using a ton of euphemisms !! )

ORCHIDS TO: Clear Channel, who are removing them from 40 big market stations. Seems they're losing revenue and no blue chip advertisers will touch these two with a 10 foot pole. (A 100 foot pole wouldn't be long enough !! Phewy !!)



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## DEMS SPEAK !!!!!!!!!!!!!

This is our new addition to "Kickin' News" DEMS SPEAK is a voice for the membership to share a few sentences about something that is on their mind. It can be about politics, news, issues, or just something that struck you as funny. You can be silly, sarcastic, or serious. It's not hard. You can even be anonymous. We have 3 contributions this issue. Just e-mail me with the topic Dems Speak.

1. If you are a potential Walmart customer, be sure to check the sign boards to the right of the entryway for fascinating information about Orange County

Diane Sibley

2. Finally the governor of Pennsylvania is under FBI investigation over the heinous Jerry Sandusky case at Penn State. He "slow walked" the investigation of this horrible child molester (a stronger word could be used here) for over a year to protect his political campaign.

Anonymous

3. All Aboard! Did you notice the train is leaving the station? Hey, look who's on board ! Women, minorities, young folks, independents, those who want a fair wage and some seniors.

Wow ! They're havin' a party in there ! Oh OH - The GOP is standin' on the tracks!

Choo ! Choo! Too bad trains still don't have cow catchers OR maybe a caboose - you know -just in case they get out of the way or get on at the last minute!

C.F.C.

\*\*\*\*\*

STAFF:

EDITOR: Chris Carr

ISSUES: Diane Sibley

MEANDERINGS:

Lyn Nowakoski

CIRCULATION: Pat Drake

Hope you enjoyed this issue. Hopefully in the next one, Dems Speak will be a full page.

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The next issue should be published in November, but it may be October, because we may need information and motivation for the election in November!

\*\*\*\*\*

BLUE POWER !!!!

REMEMBER -

WE HAVE IT - LET'S USE IT !!