

# KICKIN' NEWS

LOW Democratic Club

Volume III

Issue 8

April 2012



## Editor's Letter

Hope everyone had an Eggstra -special Easter! Now, it's time to put the bunnies and baskets away and get busy. Six months until the election. Please note the article on Obama Election headquarters in Central Park.

Also, mark your calendars for our Flag Day Picnic. Sweetbriar, June 13, Wednesday , 5:30. Good food and good friends !

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OBAMA - 1012

## WORDS FROM THE CHAIR

Shirley Pfile

The year is off to a good start. We had three great programs in a row. I sense a spirit of getting out and working for our three important races: President Obama's re-election ; Tim Kaine into the U.S. Senate; and replacing Eric Cantor with E Wayne Powell.

I was thrilled with the response to our March meeting. Lots of people, being with Edd and Dana Houck as we presented our gifts, and certainly the outstanding presentation on the Health Care Law by Dr. Chris Lillis.

Keep in mind President Obama's words from 2008. "YES WE CAN !"

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Meetings -3<sup>rd</sup> Thursday  
Meet & Greet - 1:30  
Meeting - 2:00

Lower Level of the Club  
House

## NEWS BULLRTIN !!

If you have forgotten to pay your dues - PLEASE do so ! We are not a pac. The only money we have is through membership dues.

Even if you are in arrears - (like that word?) you are still receiving all the benefits of membership. Dems are patient and nice.

Have you thought of what it costs the club to run the website ? (which is exceptional.) The Flag Day Picnic and special events and programs? The 4<sup>th</sup> of July Parade?

Also, Special Events makes food and does not charge the club. Many members work very hard, giving their time, talents, and paying for things themselves.

WHY? We believing in our club and its activities. Being a member can be many things or just attending functions. Whatever you do, one choice should be -paying your dues.

Dues - \$20.00 To: LOW Dem Club. Gary Sibley- Treasurer.



# KIK(KIN' NEWS

## OIL - SOME THINGS TO THINK ABOUT

By: Chris Carr

1. Brazil -180 miles east of Rio de Janeiro, the sea floor is 7,000 feet deep. Beneath that is 100 billion barrels of crude oil. Brazil's President calls it "a gift from God." Brazil, which has state run oil, is pumping 68,000 barrels of crude a day. If you put your hand on an oil pipe, you can feel its warmth and pulse from the earth's heat.

2. Demand for oil will grow to 8000,000 barrels a day this year!

3. NORTH DAKOTA - producing 510,000 barrels by end of last year. It is shale oil. Rock is mined; heated at high temperature to release oil from shale. Cost to produce - \$100.00 a barrel. 30,000 people will work there. The state's unemployment rate - 3.2 per cent. Workers live in temporary "man camps."

4. HYDRAULIC FRACTURING - a) drill down; b) drill horizontally; c) fracture rock to release oil. . Happening in North Dakota, Ohio, Indiana, Tennessee and Kentucky.

5.OIL RIGS - more operating in the U.S. than in the rest of the world combined. Our tight oil production could be 2.4 million barrels by 2020.

## OIL

6. U.S IMPORTS - Now 45%; was 60% in 2005. If this continues - TA ! DA! Energy Independent ! But remember, China and India. Oil prices are fungible. On a global market, oil may be American - but not cheap. "Drill, baby,, drill" sounds good; facts are better. Supply and demand is the reality.

## ENVIRONMENTAL COSTS

1. OIL SANDS - Massive open pits, strips forests, tailings are toxic. Process has 10 to 15 percent higher carbon foot print than regular production. It takes more energy to produce.

2. KEYSTONE PIPELINE - 800,00 barrels a day. Enough carbon foot print to change the earth. States do have worries, and many have Republican governors. Getting this under way is not as simple as some may say.

3. FRACKING - Great risk to ground water and air quality. Could spread to Ohio and California.

4. Pennsylvania and South Dakota are now struggling with the influx of workers, equipment and air pollution. The oil companies are aware and trying to make it safer.

# KICKIN' NEWS

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## OIL (continued)

I have researched , given facts and encourage readers to do the same. My information used "Time" magazine and the internet. There is so much more to know. Sound bites do not get it. There are many interests competing in this struggle and many of them have money as their main concern.

Energy is a very convoluted challenge and much is said on both sides. So, we should drill- for information! The future looms.

As Thomas Paine said , I loosely quote - Do not stand in the doorway holding your child's hand, watching others go by who will do the fighting. Don't be a summer soldier.

The challenges and consequences to future generations is now. The real problem is not the price at the pump today. It will be the earth and prices in the future. Comfort now, pay later. Isn't it funny how nothing changes?

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## OBAMA CAMPAIGN OFFICE NOW OPEN!

By: Chris Carr

I stopped in and met Annie Roberts. Some of you met her at the April meeting. Many members signed on for phone banking, voter registration and events.

OBAMA for AMERICA  
1281 Central Park Blvd.  
(across from Chucky Cheese)

PHONE BANKING  
Monday - Thursday 6:00 - 9:00 P.M.  
Saturday - 2:00 - 5:00 P.M.

Call a friend, go on down, get involved!

This election is so VERY important! We should all do something to help get President Obama re-elected.

In November we want to feel good, safe and reassured about the direction of our dear country. I should quote Thomas Paine again!

So, come on members -STEP UP !

KICK IT !!!!!



# KICKIN' NEWS

## ONIONS & ORCHIDS

BY: Chris Carr

ONIONS TO: Gov. McDonnell for trying to give women an invasive procedure. (I could use stronger words, but let's just say a poke in the eye would have been better!)

ORCHIDS TO: No one in Richmond, as we are still stuck with a law that disrespects women and treats them like children.

ONIONS TO: Superpacs - they are destroying the democratic process.

ORCHIDS TO: Anyone who sends a check to Obama for America! That's how we did it last time!

ONIONS TO - states - 26 of them - that have passed "stand your ground laws".

ORCHIDS TO: Virginia, SO FAR, for not passing one. But from what we've seen, keep your fingers crossed.

ONIONS TO: Arizona - for trying to pass a law that states conception is 2 weeks before fertilization? Say what? This is way before a "twinkle in daddy's eye!!)

ORCHIDS TO: Anyone in that state who dares to read a biology book and actually believe it!

## ROMNEY'S V.P. Choices

BY: Chris Carr

1. Rick Santorum - Mr. Church and state are one and NO birth control!

2. Sarah Palin - Ms. Couldn't get the women's vote last time around.

3. Marco Rubio - Mr. Anti-immigration and no Dream Act; can't trick Hispanics nationwide.

4. Newt Gingrich - Mr. Nasty who went to the zoo and got bit by a penguin! Now there's a vote getter!

5. Bobby Jindal - Mr. Deadpan speech giver and yawning purveyor of boredom.

6. Nicki Haley - Ms. "Women aren't concerned with birth control," a real winner on the stump!

7. Gov. Bob McDonnell - Mr. V.P. stands for something all right! And women said don't go there. Great national coverage for the ticket there.

8. Eric Cantor - Mr. Go behind any Republican's back for his own political gains. Too late - people are getting wise.

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(continued)

9. Bozo the Clown - Mr. Make me laugh!  
Very likeable; doesn't lie; admits he's a clown ! Now there's a good candidate !

10. Jeb Bush - Mr. Smarter brother who plans to have a political career past 2012. Whoops, never mind !

What is Mitt to do? Choose a "seriously" conservative Republican and lose independents? Choose a moderate Republican ( maybe 3 left) and lose the base? Try to keep up the "mommy wars: going, which were mostly over by the beginning of the 1980's? Try to sing or tell a joke?

The truth is no one worth their salt wants to do it this time around. Mitt has a problem. He says the economy is awful, but unemployment is down in the 7 %s in the rust belt states. He speaks of getting rid of Planned Parenthood, which is about women's health, not abortion ! Let's not forget self-deportation for Hispanics. You know, make 'em miserable! It's all scare you and negativity ! Never disavows the crazies! Guess he needs all the help he can get, but no one is stepping up. Can't wait for the convention !

### HEALTH CARE LAW PROGRAM

BY: Chris Carr

The Lake of the Wood Dems had a very informative program on the Health Care Reform Law on March 25, Sunday, 2:00. There was a meet and greet with delicious buffet provided by the Special Events Committee, followed by Martha Foote and Chris Carr presenting Sen. Edd Houck with gifts for his 28 years of service. The beautiful clock was inscribed with our thanks and he and his wife, Dana also received a \$100.00 gift certificate to Bone Fish Grill. Many thanks to our generous members, who contributed so this could be possible.

Then Martha Keys introduced Dr. Chris Lillis. He gave so much information on the law, I do believe the audience was amazed. A question and answer session followed. If only these true facts could reach everyone. No one would be against the law. Kerry Sipe recorded the event, highlights on our website. [www.lowdemocrats.org](http://www.lowdemocrats.org) And of course, the doctor received one of our club mugs.

Many thanks to our Chair, Shirley Pfile; Programs, Matha Keyes Kerry Sipe, Nancy Arnold, Jim Donovan; and THE Special Events Committee.

It was an enlightening afternoon. If you didn't attend you missed a good one!



# KICKIN' NEWS

## HOW IMPORTANT IS THE TRUTH ?

BY: Lois Griffin Powell

Why do we believe there are times when we cannot tell the truth? Why, when we do not tell the truth ; we think it's all right as long as no one finds out? Why do we think that if we can just cover up this one little mistake or problem with a little lie, we'll be just fine and no body will ever know?

Hey, no one will be hurt and life will continue on as if it never happened. Why do we believe that, or do we ? Do we really believe that if we tell just one little itsy, bitsy, teeny, weeny, yellow, polka dotted lie, all will be right with he world? We can keep that one lie to ourselves. Of course, we can never share it with anyone, because the person may accidentally tell someone else and that would be devastating. A catastrophe ! Oh no, never. We must never share that lie. What would you do if someone knew the truth? You would be put to shame. You would lose your friends. People would start questioning everything you said.

## TRUTH (CONT.)

They would no longer trust you. You would lose your credibility. What a horrendous thing to happen to you ! Shame! Shame! We know your name. What a way to have to live. You would never be able to look anyone in the eye again. You would have to start backing up everything you say with actual facts to prove you're telling the truth. Even then, people may still doubt your word.

So, here's the question. To me, a big question. If we as a people so believe in the truth; if we so believe in honesty. If we, as a people, need to believe that what someone is telling us is the truth, why are we so willing to accept all the lies we hear from political candidates? We know what many of them say is not true. Yet, we sit there believing all the fabricated lies they say about one another. Why haven't we reached a point in our political lives that we're willing to do some research on our own to find the truth ? We know the commercials against candidates are made to tell

## TRUTH (CONT.)

lies about the other candidate. The main attraction, our presidential election, hasn't even started yet and already the candidate who may be running against President Obama is telling lies. We live here in the United States. We are here every day of our lives. Even if we travel elsewhere, we still live here. We can talk about our relatives coming from other countries all we want, we are citizens of the United States. So, why don't we know the truth about what is happening in our country? Why don't we care enough to find out the truth about each and every candidate we will eventually vote for?

There was a time before we had 24/7 news, a journalist couldn't write anything unless he or she could back it up with actual facts. There was a time when a newscaster couldn't report on anything unless it was backed up by actual facts. We now have shows that tell everything, but the truth, and unfortunately, people believe it.



# KICKIN' NEWS

## TRUTH (CONT)

Then we have the internet. I won't even go there. We have become so lazy, that we don't even attempt to make an effort to research and find the truth.

I remember when I was getting my Master's Degree and I had to write a thesis on a subject related to my area. I had to research, find references, and do cross references to prove what I was saying was true. I had to defend my thesis before a panel to prove what I wrote was factual before I could get my degree. All that work for one little thesis. Yes, all that work, because I wanted to get my Master's Degree. Which I did.

Yet we have people who want us to trust them to run our country, even though many of the things they say about another candidate and about themselves are lies. They are fictional stories.

If you are involved, or plan to be involved in these elections, I strongly suggest that you examine the facts, not the advertising lies.

Do you want Mitt Romney, Rick Santorum, Ron Paul, Newt Gingrich ( what is a Mitt or Newt anyway) to represent you ? Are these the people you'll be proud to say to the world, "Yes, he is my president," as you travel around the country? If you answered "NO" then realize that you and I have much work to do to get the one man we'll be proud to say, "Yes, he is my president." elected. To continue to be proud to say that President Obama is our president, we must get the correct facts out there. We must counteract all the lies that will be coming to a T.V. or newspaper near you!

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## SOMETHING TO PONDER :

"If you have knowledge, let others light their candle by it."

## THE PRESIDENT'S BOOK

BY; Chris carr

Have you read "In his own Words" by Barack Obama? If no, you should. If yes, do it again! Well worth remembering!

## SOME QUOTES

### ON BEING A CHRISTIAN -

"You need to come to church in the first place, precisely because you are first of this world, not apart from it. You need to embrace Christ precisely because you have sins to wash away - because you are human and need an ally in this difficult journey."

### ON RED & BLUE STATES -

"These either/or formulations are wearisome. They're not useful. The reality outstrips the mental category we are operating in."

### ON WASHINGTON D. C.

"What D.C. needs is adult supervision"

OBAMA 2012 !!!



# KICKIN' NEWS

## MEANDERINGS

BY: Lyn Nowakoski

Lately, I have been pondering some questions. When Dick Cheney had his recent heart transplant, how did his medical insurance work for him? Did "Obama care" help out ?

Am I the only one who thinks that Romney acts like someone who has just arrived here from another planet and who doesn't have a clue about how most people live on this one ?

Weren't many Republicans, including Tea Party members, saying that the government was too involved in our lives ? Isn't getting intrusive with OB/GYN decisions between a woman and her doctor just a bit personal?

Why are so many Republican men SO interested in women's private lives ?

Why did the GOP want Detroit to "Go Broke" ?

## MEANDREINGS s (cont.)

Mrs. Romney never "worked outside the home", but raised five boys. I would be willing to bet that she might have been able to afford a little help to do the ironing, defrost the refrigerator, and scrub the kitchen floor; but everyone makes sacrifices.

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## SOMETHING TO PONDER"

"Storms make oaks take deeper roots."

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Remember - If you want to contribute to "Kickin" News, contact the editor. No one will take a red pen to your work. All ideas and input are valuable. And if there's some typos - "I'm just checkin' if you're really reading" Now there is a whopper of an excuse !!!!!