

CONNECTIONS

For families & friends caring for people with
Alzheimer's or other dementia

Answering the caregiver's question-
"What can we do at home all day?"

The *Connections* program teaches caregiving families how to facilitate interesting, meaningful activities for people with Alzheimer's or other dementia.

Through eight weeks of in-home training and practice, families learn to set up easily accessible Activity Stations. Over time, the individual receiving care begins re-engaging in past hobbies and interests.

Connections is free to all residents of Culpeper, Fauquier, Madison, Orange & Rappahannock Counties.

A person is eligible to participate no matter what the level of Alzheimer's or dementia. No formal diagnosis is required.



For more information about *Connections* or Aging Services in the region contact Rappahannock Rapidan Community Services
540-825-3100 ♦ www.rrcsb.org



Provided in partnership by Rappahannock Rapidan Community Services and the Alzheimer's Association Central and Western Virginia Chapter



alzheimer's association®
Central and Western Virginia Chapter

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